

CENTRAL BUCKS

### **SOCIAL AND EMOTIONAL WELLNESS** *People* | *Education* | *Programs*

## People

#### **Social Workers**

Central Bucks will add two additional social workers, increasing the total to three, one per cluster. School social workers work hand in hand with students, families, and school staff to help support students in crisis, connect families with resources, and provide additional supports.

### **Student Assistance Program Counselors**

The district has added additional Student Assistance Program (SAP) counselors to support staff in the administration of its comprehensive SAP program, which serves all secondary students - grades 7-12.

### Integrating Families and the Wider Community

Throughout the year, and in cooperation with our community partners including CB Cares, Doylestown Health, and the Bucks County Drug and Alcohol Commission, the district plans programming and creates opportunities to bring our wider community into the conversation about the social and emotional wellness of our students. These programs include, but are not limited to:

- Annual Drug and Alcohol Awareness Event 2/24/20
- Parent Positive Speaker Series
- Superintendent's Community Outreach Breakfast

Central Bucks is working towards implementation of Pennsylvania's Multi-Tiered System of Supports (MTSS). MTSS is a standards-aligned, comprehensive school improvement framework for enhancing academic, behavioral, and socialemotional outcomes for all students. Programs like School Wide Positive Behavioral Interventions and Support, Response to Instruction and Intervention, and Second Step all fit within this framework. These efforts are a critical aspect of the district's Teaching and Learning Pillar and our Pennsylvania Department of Education Comprehensive Plan.

Meeting the Needs of All Learners www.cbsd.org/vision

# Education 💡 🧱



The PREPaRE curriculum has been developed by the National Association of School Psychologists. This evidence-based resource is ideal for schools committed to improving and strengthening their school safety and crisis management plans and emergency response. Our counselors, principals, administrators, and psychologists will be participating in this educational opportunity in the spring of 2020.

### **Comprehensive School Threat Assessment Guidelines - C-STAG**

Working with consultant experts, teams including administrators, principals, counselors, psychologists, and others will be trained in Comprehensive School Threat Assessment Guidelines (C-STAG) that employ a problem-solving approach to helping students in distress and resolving problems before they escalate. This is a data-driven, research-based approach that involves both assessment and intervention.

### **Social and Emotional Wellness Professional Development Day**

The district has set aside an entire professional development day focused on programming designed to support the social and emotional wellness of our staff, and fostering their ability to support our students. Planning is underway to make this part of the district's annual professional development calendar.

## Programs

### School-wide Positive Behavioral Interventions and Support

School-wide Positive Behavioral Interventions and Support (SWPBIS) is a framework that is fully integrated into the school culture. Once implemented, SWPBIS provides the behavior supports needed to improve social, emotional, behavioral, and academic outcomes for all students. The program is currently being implemented in three of our middle schools, with plans to implement at all middle schools over the coming year.

#### **Second Step**

Second Step is a social and emotional wellness curriculum that will be piloted in grades K-6 in three schools, to be determined. The program integrates social-emotional learning and bullying prevention to form safe and supportive learning environments.

#### **Student Assistance Program**

The Student Assistance Program (SAP) provides schools with the means to identify, refer, and support students who are exhibiting behavioral, academic, or attendance issues that put them at risk. Secondary schools in Central Bucks have a team of dedicated school personnel who are trained to assist in identifying problems that impact our students' ability to function in school. The team can also connect students and their families with additional resources.

### **Lunch and Learn**

Central Bucks High School South is preparing to pilot a Lunch and Learn program. Lunch and Learn is part of a student-centered approach to scheduling that inserts "choice" into the school day. This 65-minute period of time is designed to foster an environment that promotes social and emotional well-being as a foundation for academic achievement and life-long learning. Attached to the lunch period, students may use the time to get academic help, listen to a guest speaker, see a counselor, or participate in another activity in a supervised setting.

### **Social and Emotional Learning Survey**

Central Bucks has partnered with Hanover Research to administer and analyze a Social-Emotional Learning (SEL) survey. The survey of students in grades 4-12 will serve to help the district ensure that our programs and support systems meet their social-emotional needs. The survey will ask questions assessing the CASEL social emotional competencies of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

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**TEACHING & LEARNING**